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# A Robust, Highly Reversible, Mixed Conducting Sodium Metal Anode

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**ABSTRACT:** Sodium metal anode holds great promise in pursuing high-energy and sustainable rechargeable batteries, but severely suffers from fatal dendrite growth accompanied with huge volume change. Herein, a robust mixed conducting sodium metal anode is designed through incorporating NaSICON-type solid Na-ion conductor into bulk Na. A fast and continuous pathway for simultaneous transportation of electrons and Na<sup>+</sup> is established throughout the composite anode. The intimate contact between Na-ion conducting phase and Na metallic phase constructs abundant two-phase boundaries for fast redox reactions. Further, the compact configuration of the composite anode substantially protects Na metal from being corroded by liquid organic electrolyte for the minimization of side reactions. Benefiting from the unique configuration, the composite anode shows highly reversible and durable Na plating/stripping behavior. The symmetric cells exhibit ultralong lifespan for over 700 h at 1 mA cm<sup>-2</sup> with a high capacity of 5 mAh cm<sup>-2</sup> and outstanding rate capability up to 8 mA cm<sup>-2</sup> in the carbonate electrolyte. Full cells with Na<sub>3</sub>V<sub>2</sub>(PO<sub>4</sub>)<sub>3</sub>/C cathode demonstrate

impressive cycling stability (capacity decay of 0.012% per cycle) and low charge/discharge polarization as well. This work provides new insights into rational design and development of robust sodium metal anode through an architecture engineering strategy for advanced rechargeable sodium batteries.

**Keywords:** Sodium metal battery; Sodium metal anode; Solid Na-ion conductor; Dendrite; Cycling stability

## 1. Introduction

Rechargeable lithium-ion batteries (LIBs) have tremendously powered our daily life ranging from portable electronics, electric vehicles to energy storage systems [1-3]. Given the overwhelming benefits it brought to humanity, the Nobel Prize in Chemistry rewarded its pioneers in 2019. However, the scarcity and uneven distribution of lithium resources [4-7] have always been a dark cloud over LIBs, akin to the well-known “oil shocks”. With the rapidly growing demand for energy storage, such concerns become even more serious. From this perspective, alternative energy storage techniques are urgently needed [8], where sodium-based batteries have shown great competitiveness due to the abundance of sodium resources and the similar electrochemical working principle to that of LIBs [9-12]. Among sodium-based batteries, difficulties are encountered in the exploration of appropriate anodes, where the conventional graphite anodes in LIBs have failed to succeed toward sodium storage [13, 14]. Like Li-metal anode in lithium metal batteries, there have been emerging interests in Na-metal anode for high-energy rechargeable metal batteries, owing to its highest theoretical capacity ( $1165 \text{ mAh g}^{-1}$ ) and lowest electrochemical potential ( $-2.71 \text{ V}$  vs. standard hydrogen electrode) in sodium-based systems [15, 16]. Unfortunately, Na-metal anode suffers from a series of problems such as huge volume change during cycling, unstable and fragile solid electrolyte interphase (SEI) and uncontrollable dendritic growth, which is extremely serious

in carbonate electrolytes, aggravates the safety concerns and hinder its practical application [17-19].

There have been numerous efforts devoting to stabilizing Na-metal anode through replacing the intrinsic unstable SEI layer by building spontaneously or artificially a robust protection one [20-22], resulting in stable plating/stripping process and prolonged cycling stability. However, the relatively sluggish  $\text{Na}^+$  diffusion compared to the fast electron transport in bulk Na-metal will concentrate Na plating/stripping on the two-dimensional planar surface of Na-metal, not into the depth of electrode, which inevitably induce the severe deformation of electrode under moderate current density and areal capacity ( $1 \text{ mA cm}^{-2}$  and  $1 \text{ mAh cm}^{-2}$ ). It should be noted that an electrode areal capacity of at least  $3 \text{ mAh cm}^{-2}$  is needed for actual battery operation [19]. To fulfill the requirement, 3D current collectors, such as 3D porous Cu [23, 24], functional carbon materials [25-27] and Mxenes [28], were utilized to accommodate volume fluctuation of Na and reduce local current density to stabilize Na-metal anodes. Whereas these modified current collectors generally possess high specific surface area, which will expose more Na metal directly to the liquid organic electrolyte, they further exacerbate the side reactions in the initial stage [29]. Moreover, as the plating/stripping of Na still occurs on the surface of the electrode, the problems caused by the intrinsic fragile and heterogeneous SEI have not been resolved. In consideration of the sluggish  $\text{Na}^+$  diffusion in Na-metal, the integration of an ion-conducting network into bulk Na-metal is critical for plating/stripping of Na in the whole electrode volume. Therefore, a robust hybrid design of bulk electrode might include: (1) fast/balanced mixed electron/ion conducting pathways; (2) abundant interfacial area in the whole electrode volume for Na plating/stripping; (3) minimization of liquid organic electrolyte exposure; (4) rigid skeleton to accommodate volume fluctuations of Na; (5) facile and scalable process for bulk hybrid electrode.

Herein, a dendritic-free and stable bulk hybrid Na-metal anode (abbr. as BH-Na) has been demonstrated through incorporating NaSICON-type solid electrolyte into bulk Na as 3D ion-

conducting pathways (Fig. 1a). Owing to the rich and intimate contact between Na metal and solid electrolyte, abundant two-phase boundaries in the whole electrode volume are formed for stable Na plating/stripping benefitting from the balanced Na ion and electron flux (Fig. 1b). Furthermore, the rigid solid electrolyte network and the compact configuration of the bulk hybrid anode effectively minimize the direct exposure to liquid organic electrolyte, accommodate the volume variation of electrode, and the enhanced mechanical strength inhibits the growth of Na dendrites. High rate capability, low polarization and ultralong cycling lifespan are simultaneously achieved in both symmetrical cells and full cells based on the hybrid design of bulk electrode.

## 2. Experimental Section

**2.1. Fabrication of  $\text{SnO}_2\text{@NZSP}$ :**  $\text{Na}_{3.4}\text{Zr}_2\text{Si}_{2.4}\text{P}_{0.6}\text{O}_{12}$  (NZSP) was synthesized by a solution-assisted solid-state reaction method reported by Ma et al [30]. Typically,  $\text{NaNO}_3$  and  $\text{ZrO}(\text{NO}_3)_2$  were dissolved into distilled water, then  $\text{Si}(\text{OCH}_2\text{CH}_3)_4$  and  $\text{NH}_4\text{H}_2\text{PO}_4$  were sequentially added to the solution while stirring. The dosage of reagents is strictly in accordance with the stoichiometric ratio. The solution then becomes a mixture of colloidal sol and precipitates of zirconyl oxyphosphate compounds. After drying at 85 °C, the obtained powder was calcined at 1100 °C for 3 h to obtain NZSP powder. Afterwards,  $\text{SnCl}_2$  was dissolved in N, N-Dimethylformamide (DMF) to prepare a solution with 0.5 mol L<sup>-1</sup>. Then NZSP powder was added and the mass of  $\text{SnCl}_2$  in the solution was controlled to be 15% of the mass of NZSP. After stirring for 2 h, the solution was dried overnight in an oven at 80 °C. Subsequently, the powder was ground and then sintered at 450 °C for 2 h in air to obtain the  $\text{SnO}_2\text{@NZSP}$  powder.

**2.2. Fabrication of BH-Na anode:** Melt infusion method was conducted in an argon-filled glove box ( $\text{O}_2 \leq 0.1$  ppm,  $\text{H}_2\text{O} \leq 0.1$  ppm).  $\text{SnO}_2\text{@NZSP}$  powder and fresh Na metal of equal mass were put into a Nickel crucible and heated to 250 °C. After stirring for about 5 minutes, molten sodium was completely immersed in the  $\text{SnO}_2\text{@NZSP}$  powder, and they were mixed

together like a semi-solid slurry exhibiting metallic luster. Then the mixture was cooled down and after mechanically pressing, it was punched into a disc with a diameter of 1.2 cm and a mass of ~0.064 g, and was applied as the BH-Na anode.

**2.3.** *Fabrication of  $\text{Na}_3\text{V}_2(\text{PO}_4)_3/\text{C}$  cathode:* Porous carbon-coated  $\text{Na}_3\text{V}_2(\text{PO}_4)_3$  cathode was prepared by the same process as reported earlier [31].  $\text{NH}_4\text{VO}_3$  was dissolved in distilled water at 80 °C, then  $\text{H}_4\text{H}_2\text{PO}_4$  and NaOH were added with stirring. After that, citric acid was added as both a carbon source and a reducing agent, which had the same molar concentration as the vanadium source in the solution. The dosage of reagents is strictly in accordance with the stoichiometric ratio. After stirring for 2 h, the solution was evaporated overnight at 80 °C in an oven. Then, the dried product was ground and annealing at 800 °C for 10 h under an argon atmosphere. Finally,  $\text{Na}_3\text{V}_2(\text{PO}_4)_3/\text{C}$  cathode was obtained.

**2.4.** *Materials characterization:* The mass ratio of Sn was measured by inductively coupled plasma-optical emission spectrometry (ICP-OES, Agilent 720ES). To calculate the ionic conductivity of NZSP, the impedance spectra of sintered NZSP pellet (with gold blocking electrodes) was examined by Novocontrol Alpha-A electrochemical systems, with an AC frequency range from 10 MHz to 100 Hz. The morphology of samples was characterized by scanning electron microscopy (SEM, HITACHI SU8010). For preparing the SEM samples of electrodes in different Na plating/stripping states, an additional Celgard 2300 microporous polypropylene separator was placed on each side of the glass fiber separator during battery assembly to prevent the glass fiber separator affecting the observation of the morphology. The electrodes after cycling were taken out from the disassembled cell, then they were rinsed with diethyl carbonate (DEC) to remove the electrolyte. Afterwards the samples were affixed to the SEM stage by conductive adhesive and transferred carefully into the electron microscope minimizing the exposure of samples to the atmosphere. The sample preparations were performed in an Ar-filled glovebox and the SEM stage was transferred with an airtight holder. X-ray diffraction (XRD) patterns were performed on an X-ray diffractometer (Bruker D8

Advance, Germany) with Co-K $\alpha$  radiation ( $\lambda = 1.7902 \text{ \AA}$ ) at 35 kV, 28 mA. Samples containing metallic sodium were covered with Kapton tape to prevent the sodium metal from reacting with air.

**2.5. Electrochemical Measurements:** For electrochemical investigations, CR2025 coin cells were assembled in an argon-filled glovebox. A commonly used carbonate-based electrolyte 1 M NaPF<sub>6</sub> in ethylene carbonate/diethyl carbonate/propylene carbonate (EC/DEC/PC, 4:4:2, volume ratio) with the addition of 5% fluoroethylene carbonate (FEC) was used in all the tests. The symmetric cells were assembled with two identical electrodes. In the typical battery assembly process, a Whatman glass fiber membrane served as the separator. Electrochemical impedance spectroscopy (EIS) and Tafel plot of the symmetrical cell after 10 cycles at 1 mA cm<sup>-2</sup> and 1 mAh cm<sup>-2</sup> were conducted by a CHI660C electrochemical workstation. Specifically, EIS was examined in the frequency range from 1 MHz to 1 mHz with an amplitude of 5 mV, the scan rate of Tafel plot tests was 10 mV s<sup>-1</sup>. For full cells, Na<sub>3</sub>V<sub>2</sub>(PO<sub>4</sub>)<sub>3</sub>/C, Super P and PVDF in the weight ratio of 8:1:1 in NMP solvent were mixed. After the slurry was uniformly coated on the carbon-coated Al foils via doctor blading, the electrodes were dried in a vacuum drying oven at 110 °C overnight. The mass load of electrodes was about 1 mg cm<sup>-2</sup>.

### 3. Results and Discussion

Na<sub>3.4</sub>Zr<sub>2</sub>Si<sub>2.4</sub>P<sub>0.6</sub>O<sub>12</sub> (NZSP), a typical NaSICON solid electrolyte, exhibits one of the highest sodium conductivity among all oxide-based Na-ion conductors, which is about  $4.8 \times 10^{-3} \text{ S cm}^{-1}$  at 25 °C (Fig. S1a online) and comparable to that of liquid organic electrolyte [30]. Hybrid design of bulk Na-metal-based electrode was designed through a facile melt infusion strategy in which molten Na was mixed with surface-modified NZSP particles. In a typical process, a conformal SnO<sub>2</sub> layer was pre-coated on the surface of NZSP particles for better affinity with molten Na, in which SnO<sub>2</sub> can react with Na to form Na-Sn alloy under heating to significantly improve the wettability of Na. As shown in Fig. 1c and S1b (online), no

obvious change is found in the morphology for SnO<sub>2</sub>-coated NZSP particles. The homogeneous distribution of Sn in EDS mapping (Fig. 1d) and the existence of crystalline SnO<sub>2</sub> phase (Fig. 1e) clearly verify the uniform coating of SnO<sub>2</sub> on the NZSP particles. The mass fraction of the SnO<sub>2</sub> coating layer in SnO<sub>2</sub>@NZSP is about 8.62 wt% as determined by the ICP-OES measurement. Afterwards, the molten Na was mixed with modified NZSP in an optimal mass ratio of 1:1 for constructing the BH-Na electrode (Fig. 1a). In contrast, unmodified NZSP particles exhibit poor wettability against molten Na (Fig. S2 online). The as-obtained BH-Na electrode shows a compact microstructure with homogeneous distribution of NZSP and Na as shown in Fig. 1f and S3 (online). Moreover, besides the expected reflections of NZSP, Na<sub>15</sub>Sn<sub>4</sub> and Na, no other reflections are detected in the XRD pattern of the BH-Na electrode (Fig. S4 online), confirming the good chemical stability between modified NZSP and Na. Furthermore, the BH-Na electrode demonstrates about twofold higher hardness as compared to the bare Na-metal (Fig. 1h and S5 online), which is beneficial for inhibiting dendritic growth due to the enhanced mechanic strength [32]. Such hybrid electrode delivers a close-to-the-theoretical capacity of 1150 mAh g<sup>-1</sup> based on the mass of Na-metal (Fig. S6 online), implying that almost all of the sodium can be stripped out while the solid electrolyte network remains stable (Fig. 1g).

Symmetric cells were assembled with 1 mol L<sup>-1</sup> NaPF<sub>6</sub> in carbonate electrolyte to investigate the Na plating/stripping behavior of BH-Na electrode as shown in Fig. 2. It is widely known that stable plating/stripping of Na is extremely difficult with conventional carbonate electrolyte due to its high corrosivity to Na metal [33-35]. This perspective is verified with bare Na-metal which shows dramatic fluctuations in voltage profile, which lasts for only 89 h till the occurrence of short-circuiting. On the contrary, the BH-Na electrode exhibits a stable plating/stripping process for over 750 h at 1 mA cm<sup>-2</sup> with a capacity of 1 mAh cm<sup>-2</sup> (Fig. 2a). More details in plating/stripping process can be obtained from the enlarged voltage profiles during the different periods of cycling, as shown in the insert of Fig.



2a. Dramatic overpotential peaks at the beginning and end of the charge/discharge curves are observed for the bare Na-metal symmetric cell, which can be ascribed to the dendrite growth and the formation of pits during Na plating/stripping [29, 36]. In contrast, except for the initial cycles of activation process, the BH-Na electrode presents a flat voltage curve with ultra-low overpotential ( $\sim 35$  mV), indicating uniform plating/stripping behavior with low energy barrier, which might be ascribed to the improved  $\text{Na}^+$  transport resulted from the 3D Na-ion conducting network in the BH-Na electrode. The effects of different proportions of NZSP on electrochemical performance were also investigated as shown in Fig. S7 (online). As expected, the electrodes with higher NZSP content were able to perform faster and stable Na plating/stripping due to richer two-phase boundaries and denser ion conduction networks.

The role of the NZSP skeleton is further confirmed by electrochemical impedance spectroscopy (EIS, Fig. 2b) and Tafel plots (Fig. 2c). After 10 cycles, the BH-Na electrode delivers a much lower charge transfer resistance ( $\sim 12 \Omega$ ), which is only one-tenth the value of the bare Na electrode ( $\sim 126 \Omega$ ), suggesting much enhanced electrochemical kinetics of BH-Na. According to the Tafel plots, the BH-Na electrode exhibits two-fold higher exchange current density than that of the bare Na electrode ( $0.52 \text{ mA cm}^{-2}$  vs.  $0.15 \text{ mA cm}^{-2}$ ). The higher exchange current density means the lower energy barrier that the  $\text{Na}^+$  must overcome moving from the electrolyte to the reaction area [37]. Accordingly, the redox reactions in the BH-Na electrode will be more easily to occur. For further verification of the role of the NZSP ion-conducting network, control experiments were conducted using Na ion-insulating  $\text{ZrO}_2$  particles to fabricate the hybrid anode. Specifically,  $\text{ZrO}_2$  with average particle size similar to NZSP ( $\sim 200$  nm) was selected to prepare the  $\text{ZrO}_2$ -Na anode, and considering the difference in density between  $\text{ZrO}_2$  and NZSP, two groups of  $\text{ZrO}_2$ -Na anodes with the same volume fraction and the same mass ratio as the optimal BH-Na anode were prepared for the test. Fig. S8 and S9 (online) reveal that the increase in mechanical strength can improve the stability of the composite anode to a certain extent. However, compared to

the BH-Na anode, the ZrO<sub>2</sub>-Na anode delivers larger polarization, higher charge transfer resistance, as well as shorter lifespan, whether the same mass ratio or volume fraction of particles is applied to the ZrO<sub>2</sub>-Na anode. These results imply that the fast ion transport of the NZSP skeleton is crucial for improving the electrochemical performance of the hybrid anode.

To meet the more stringent requirements in practice, a higher current density along with a higher capacity was employed in the assessment of symmetric cells. At a practical Na deposition capacity of 5 mAh cm<sup>-2</sup> with 1 mA cm<sup>-2</sup> (Fig. 3a), the cell with the BH-Na electrode exhibits a low overpotential of 36 mV and flat voltage plateau for over 700 h. It is worth noting that such an ultralong lifespan has never been achieved under the same test condition in conventional carbonate electrolyte (Table S1). However, the overpotential of the bare Na cell is large and fluctuates sharply, resulting in a soft short-circuit after 26 h. When the current density was increased to 3 mA cm<sup>-2</sup> with a fixed capacity of 3 mAh cm<sup>-2</sup> (Fig. 3b), the BH-Na electrode still maintains stable for over 150 h with a small overpotential. Instead, for the bare Na electrode, the short-circuiting occurs only after 27 h. In addition, the BH-Na electrode also exhibits remarkable rate capability at stepwise increased current densities up to 8 mA cm<sup>-2</sup> (Fig. 3c). Low overpotential of 34, 47, 114, and 210 mV are obtained for the BH-Na electrode at current density of 1, 2, 5, and 8 mA cm<sup>-2</sup>, respectively, much lower than those of the bare Na electrode (170, 216, 294, and 376 mV).

The above results have clearly revealed that the introduction of 3D continuous and fast ion pathways along with the compact configuration of electrode can significantly reduce the polarization and improve the cycling stability of the anode. However, the battery seems like a black box, as the microscopic process of the reaction can hardly be investigated. To further study the electrode process during cycling, the reaction rate and Na<sup>+</sup> distribution in the whole volume of electrode were simulated by the finite element method in COMSOL Multiphysics. Simulation of the cell geometry for the hybrid anode is shown in Fig. S10 (online). It is commonly recognized that Na will be deposited at positions where sufficient Na<sup>+</sup> ions and

electrons are both provided (*i.e.* ion/electron interface) during the plating process [38]. For the bare Na electrode (Fig. 4a, c), the Na plating is concentrated on the planar surface of Na-metal due to the poor ionic conductivity of solid Na metal. By contrast, the Na ions can be transferred into the depth of the electrode along the NZSP skeleton (Fig. 4d), where more ion/electron interfaces are available for fast redox reactions (Fig. 4b), and the reaction process can be seen in detail in Movie S1. In addition, under the same voltage of 0.1 V, the time required to reach steady state is much shorter and the steady state current is larger (Fig. 4e, f), which confirms that more  $\text{Na}^+$  is available for the reaction, and the electrochemical reaction in BH-Na is more easily to occur. This is own to mixed electron/ion transport pathways and two-phase boundaries throughout the electrode, which is consistent with the above EIS and Tafel results.

To better understand the electrochemical stability of the BH-Na electrode, the morphological changes in both electrodes before and after cycling were investigated as shown in Fig. 5. The surface of the bare Na-metal changes from the initial flat state to a rough and porous structure, with rod-like and moss-like dendrites after cycling (Fig. 5a, b). In contrast, there is no obvious change in the morphology of the BH-Na electrode, where a compact configuration is well maintained (Fig. 5c, d), indicating that such hybrid design effectively inhibits the evolution of dendrites. A direct comparison of the glass fiber separators of the disassembled batteries also displays the difference (Fig. S11 online). Black-gray contaminants can be observed in the glass fiber separator of the cell with the bare Na electrode after cycling. This may be dendrites growing from the surface of bare Na-metal to the interior of the separator, which is a hidden danger of battery short-circuiting. Conversely, the separator in the cell with the BH-Na electrode exhibits a clean surface after cycling, indicating uniform plating/stripping behavior on the BH-Na electrode.

To consolidate our conclusion, asymmetric batteries with one BH-Na electrode and one Na-metal electrode were assembled to study the morphology evolution of the BH-Na electrode

under deep charge and discharge of  $10 \text{ mAh cm}^{-2}$  ( $\sim 27\%$  capacity of electrode). After stripping  $10 \text{ mAh cm}^{-2}$  Na from the BH-Na anode (Fig. 5e, f), submicron and nanosized pores are observed in the electrode, which were initially occupied by Na, and the structure of the NZSP remains intact. Followed by the Na plating of  $10 \text{ mAh cm}^{-2}$  (Fig. 5g), it is observed that Na has been refilled back into the NZSP network without uneven deposition of Na and the formation of dendrites. These results indicate that the BH-Na anode can effectively inhibit the formation of dendrites and adjust the plating and stripping behavior of Na into the depth of electrode, which coincides with the analysis of the voltage curve in the symmetrical cells.

Full cells with  $\text{Na}_3\text{V}_2(\text{PO}_4)_3/\text{C}$  (NVP) cathode were assembled to investigate the practicality of the BH-Na anode. The NVP/Na cell was also assembled for comparison. As shown in Fig. 6a, the NVP/BH-Na cell delivers a capacity of  $102 \text{ mAh g}^{-1}$  with small capacity decay of  $0.012\%$  per cycle at  $5 \text{ C}$  ( $1 \text{ C} = 117 \text{ mA g}^{-1}$ ). Instead, the NVP/Na cell exhibits a lower capacity of  $93 \text{ mAh g}^{-1}$ , and its Coulombic efficiency drops rapidly after 1200 cycles, which indicates the failure of the cell. According to the galvanostatic charge/discharge curves of the NVP/BH-Na cell (Fig. 6b), no obvious changes in capacity and polarization over 1 to 200 cycles are observed, indicating excellent cycling stability of the cell. Moreover, derived from the fast ion transport characteristics of the BH-Na anode, the full cell delivers much smaller polarization than the NVP/Na cell ( $112 \text{ mV}$  vs.  $440 \text{ mV}$  in the 200<sup>th</sup> cycle, Fig. 6c). The large polarization in the latter cell is mainly related to the large overpotential of the bare Na anode, which is the primary culprit for its lower capacity as the results on symmetrical cells (Fig. 2).

#### 4. Conclusion

In summary, focusing on improving Na-ion conduction within the whole electrode volume of Na-metal-based anode, a bulk hybrid anode was fabricated through incorporating NaSICON-type solid electrolyte into bulk Na by a facile and scalable melt infusion method. In our proposed hybrid anode design, with the fast  $\text{Na}^+$  conduction of NZSP network and compact configuration of electrode, the reaction area for the plating/stripping of Na is

enlarged to the whole electrode volume rather than concentrated on the surface of the electrode. The ceramic electrolyte skeleton greatly inhibits large volume changes and uneven plating/stripping behavior on the surface of the electrode. In addition, the enhancement of mechanical strength of the electrode introduced by NZSP particles can also inhibit dendrite growth. Correspondingly, symmetric and full cells with the BH-Na anode exhibit low voltage hysteresis and stable cycling in carbonate electrolyte.

### **Conflict of interest**

The authors declare that they have no conflict of interest.

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### **Author contributions**

Yinzhu Jiang conceived this idea and directed this project. Keshuang Cao performed the experiments and contributed to data interpretation. Qianli Ma helped in preparing the samples and assembling the cells. Yinzhu Jiang and Keshuang Cao co-wrote the paper. Qianli Ma, Frank Tietz, Ben Bin Xu and Mi Yan discussed the results and commented on the manuscript.

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### Figure Captions:

**Fig. 1. (Color online)** Schematic and characterization of BH-Na. (a) Schematic diagram of fabrication process of the BH-Na anode. (b) Schematic of  $\text{Na}^+$  transfer in bare Na and BH-Na anode. (c) SEM images, (d) EDS mapping and (e) XRD pattern of  $\text{SnO}_2\text{@NZSP}$ . SEM images of pristine BH-Na anode (f) and after stripping all the sodium (g). (h) Hardness measurement results of the bare Na and BH-Na anode with a Shore A durometer.

**Fig. 2. (Color online)** Electrochemical performance of the BH-Na anode. (a) Voltage profiles of symmetric cells with the BH-Na anode and bare Na anode at current density of  $1 \text{ mA cm}^{-2}$  with fixed capacity of  $1 \text{ mAh cm}^{-2}$ . (b) Impedance spectra and (c) Tafel plot of bare Na anode and BH-Na anode after 10 cycles.

**Fig. 3. (Color online)** Galvanostatic cycling stability of the BH-Na anode and bare Na anode in symmetric cells at (a)  $1 \text{ mA cm}^{-2}$  for  $5 \text{ mAh cm}^{-2}$ , (b)  $3 \text{ mA cm}^{-2}$  for  $3 \text{ mAh cm}^{-2}$  and (c) at



a fixed capacity of  $1 \text{ mAh cm}^{-2}$  along with rate current densities of 1, 2, 5 and  $8 \text{ mA cm}^{-2}$  and back to  $1 \text{ mA cm}^{-2}$ .

**Fig. 4. (Color online)** COMSOL multiphysics modeling of the BH-Na anode geometry during Na plating. Simulation results of reaction rate distributions for the bare Na anode (a) and the BH-Na anode (b). Simulation of the Na-ion distributions in the bare Na anode (c) and the BH-Na anode (d). These are the results under steady state. The simulated curves of current varying with simulation time in bare Na (e) and BH-Na (f).

**Fig. 5. (Color online)** Morphology characterization of electrodes before and after cycling. SEM images of Na anode (a) and BH-Na anode (c) before cycling as well as Na anode (b) and BH-Na anode (d) after 20 cycles at  $1 \text{ mA cm}^{-2}$ ,  $1 \text{ mAh cm}^{-2}$ . Enlarged SEM images of pristine BH-Na anode (e), after stripping  $10 \text{ mAh cm}^{-2}$  (f) and after subsequent plating  $10 \text{ mAh cm}^{-2}$  of Na (g).

**Fig. 6. (Color online)** The electrochemical performance of full cells with bare Na anode and BH-Na anode. (a) Cycling performance at 5 C, (b) galvanostatic charge-discharge curves of full cell with BH-Na anode, (c) charge-discharge curves of 200<sup>th</sup> cycle of full cells with bare Na anode and BH-Na anode.